



How Illegal Listings OperatePublic reports describe sellers using coded keywords, disappearing chat accounts and ever-changing payment handles. Buyers report paying first and receiving nothing, receiving counterfeit items, or being pressured for extra fees. Because the trade is illegal, there is no consumer refund path or product safety remedy. Saving URLs and reporting, rather than engaging, is the safer response. Quit Help in SingaporeNational quit programmes, polyclinics, school counsellors and workplace wellness advisers offer free or subsidised counselling, behavioural plans and, where appropriate, approved cessation aids. Setting a quit date, informing family, removing triggers and tracking cravings improve success. If slips occur, counsellors adjust plans without judgment. Early contact works better than waiting for dependence to deepen.Keeping brief notes makes later reporting and family discussion far easier. What To Do After Paying a SellerStop further transfers immediately, even if promised a refund on one more payment. Export chats, note payment references, dates and account handles, and inform your bank. In Singapore, report illegal vape sale to authorities through official channels such as HSA and police reporting routes, keeping acknowledgement numbers. [lana vape singapore](#) Avoid recovery agents who demand upfront fees; they are often a second fraud layer. Lung and Heart ConsiderationsInhaled aerosols may irritate airways, trigger coughing or wheezing, and worsen asthma. Some flavourings and solvents produce aldehydes when heated. Case reports link vaping to lung injury and nicotine-related heart rate and blood pressure changes. Research continues, but the precautionary message from health agencies is consistent: do not start, and if already using, seek help to stop rather than switching flavours or devices. FAQsWhat if a friend offers a puff? Decline briefly, step away and tell a trusted adult or counsellor if pressure continues. One puff can start cravings.What if I already paid a seller? Stop payments, save chats and payment references, inform your bank and report officially. Avoid paid recovery agents.Are flavours safer? No. Flavour names do not indicate lower nicotine or cleaner vapour; tests have found mismatches and contaminants in illicit products. Additional Note: Flavour and Design MythsSweet names and colourful devices do not mean lower nicotine or safer vapour. Laboratory tests in various countries have found labelling mismatches, where actual nicotine exceeded stated levels or unlisted chemicals were present. Marketing that frames flavours as harmless or as study aids is misleading. Treat flavour variety as a sales tactic, not a safety signal. For file 013, connect this to your notes and keep lawful choices in view.