

The Practical Guide to Buying Cannabis Flower

28g: What to Look For

When you start looking at larger quantities of cannabis flower, the 28-gram mark is where the buying experience really changes. That is a full ounce, and for most regular consumers it represents a sweet spot between cost efficiency and manageable volume. You are not committing to a bulk purchase that will sit around for months, but you are still getting a price break compared to buying smaller amounts week after week. I have been buying in this range for years, and the difference in value becomes obvious once you understand what you are actually paying for.

The first thing to grasp is that not all cannabis flower 28g deals are the same. At the entry level you will find AA-grade cannabis, which is perfectly good flower that might lack the intense aroma or perfect trim of top-shelf material. The term AA-grade means different things to different sellers, but generally it refers to flower that is clean, properly cured, and effective without commanding the highest price. I have had excellent experiences with AA-grade cannabis flower 28g purchases when the source is reliable and the grower knows what they are doing. The key is matching the grade to your own expectations and use case.

Understanding the Quality Spectrum

When you buy a full ounce, you are essentially buying in bulk, and the same rules apply as with any other product. The price per gram drops, but the quality can vary widely depending on who grew it and how they handled the harvest. Premium strains from top growers will always cost more, but they often deliver a more consistent experience. The terpenes are more pronounced, the trichome coverage is denser, and the cure is usually spot on. I have opened bags of premium flower that smelled like a fresh mango orchard, and I have also opened bags of budget ounces that smelled like hay. The difference came down to the grower's skill and the post-harvest handling.



For the average user who vapes or smokes daily, a 28g purchase of AA-grade cannabis can last three to four weeks. That is a reasonable timeframe for the flower to stay fresh, especially if you store it properly. A glass jar with a tight seal is your best bet, and adding a humidity pack like Boveda keeps the moisture level right around 62 percent. That small step prevents the flower from drying out or getting too damp, which preserves the THC and the flavour. I keep a few Boveda packs in rotation and swap them out every couple of months. It makes a noticeable difference in how the flower performs in a grinder and how smoothly it burns in rolling papers.

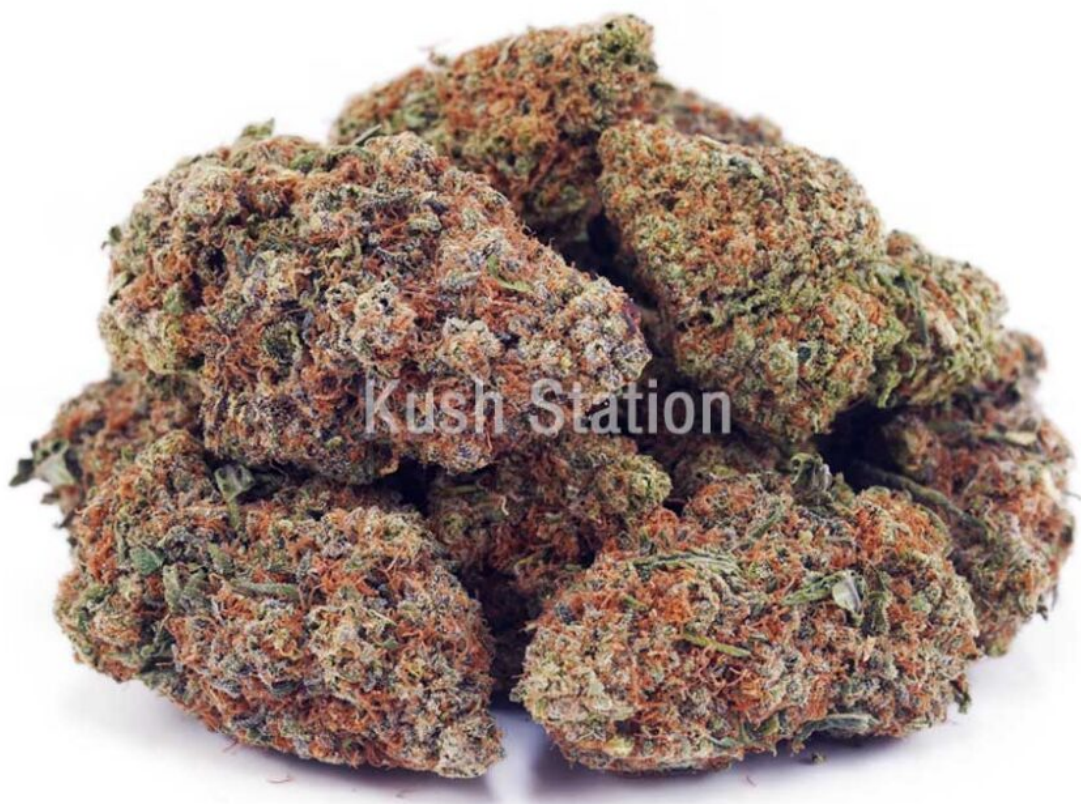
Mix-and-Match Packs: A Smarter Way to Buy

One of the best developments in the online dispensary space is the mix-and-match pack for [cannabis flower 28g](#). Instead of committing to a single strain for the whole ounce, you can split it into two, three, or even four different varieties. This is ideal if you like to rotate between an Indica for the evening and a Sativa for the daytime, or if you want to try a few Hybrid options without buying a full quarter of each. I have been using mix-and-match packs from various online dispensaries for a couple of years, and it has saved me from getting bored with a single profile.

The practical benefit is that you can explore the range of a particular seller without overcommitting. If you find a brand that sources from top growers in British Columbia, for example, you can sample their Indica, Sativa, and Hybrid offerings in one order. That gives you a real sense of their quality and consistency. It also helps you figure out which terpene profiles you prefer for different times of the day. Some people reach for a high-THC Indica to wind down, while others want a balanced Hybrid with moderate CBD content for social situations. Having a mix on hand means you always have the right tool for the moment.

Storage and Freshness for the Full Ounce

Once you have your cannabis flower 28g in hand, storage becomes the next consideration. If you plan to work through it over a month or more, you need to protect it from light, heat, and air. A simple glass jar kept in a dark cupboard works well. Do not keep it in the plastic bag it arrived in, because those bags are not airtight and the flower will dry out faster. I transfer mine into a glass jar with a Boveda pack as soon as the package arrives. That one habit has kept my flower fresh and aromatic for weeks past when it would have otherwise turned brittle and lost its smell.



If you use a grinder, you already know that drier flower produces more dust and less fluffy material. Properly stored flower grinds evenly and burns consistently, whether you are rolling it in papers or loading a bowl. The difference is especially noticeable with premium strains that have a lot of resin. Sticky flower needs a good grinder, and it also benefits from a humidity pack to keep the trichomes from shearing off too easily. I have lost count of how many times a good storage routine has rescued an ounce that could have gone stale.

The Canadian Context and Legalisation

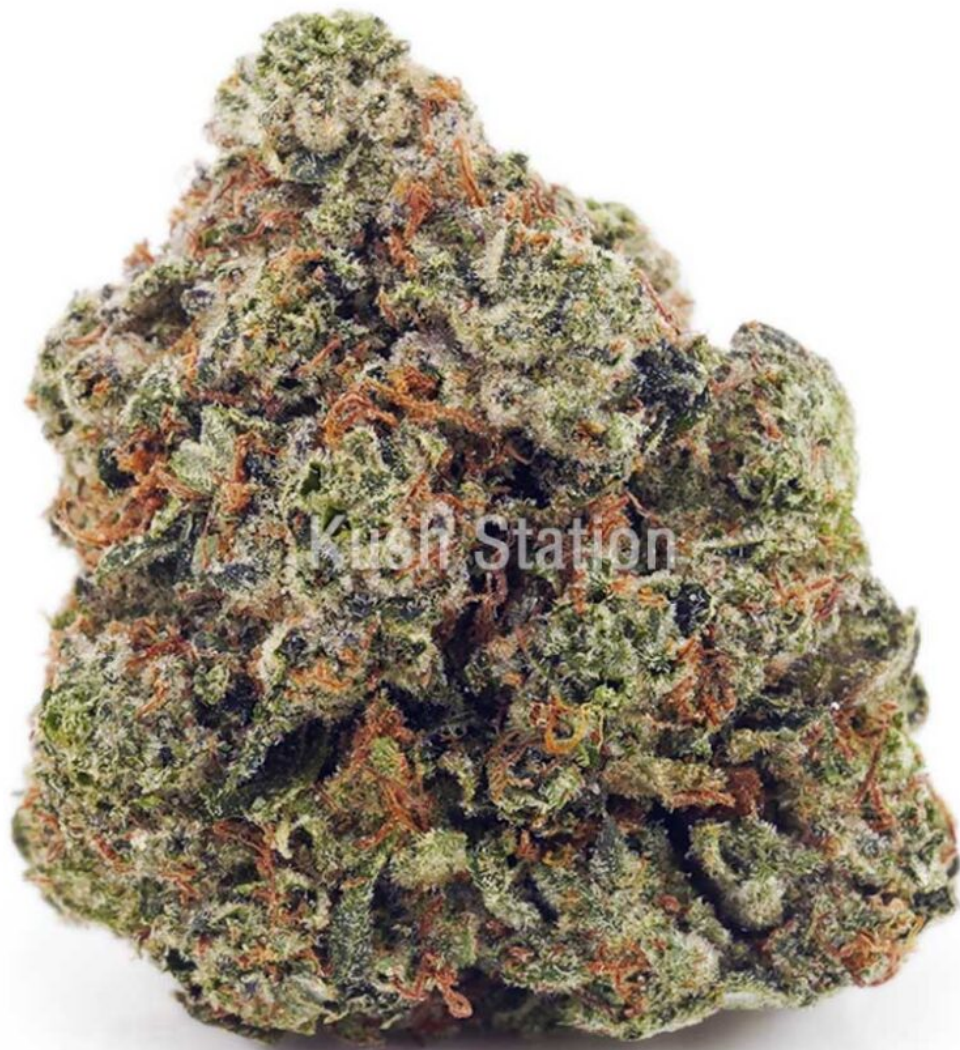
Since legalisation took hold in Canada, the market for cannabis flower has matured quickly. British Columbia, in particular, has a long history of cultivation expertise, and many top growers

now operate legally and sell through online dispensaries. That has made it much easier for consumers to find consistent, lab-tested product. The days of guessing what is in the bag are mostly behind us. When you buy from a reputable online dispensary, you can expect to see THC and CBD percentages listed, along with the dominant terpenes. That transparency helps you make informed decisions when you are picking strains for your mix-and-match pack.

I remember buying ounces before legalisation, when you had to take whatever was available and hope for the best. Now you can read about the lineage of a particular strain, check the lab results, and decide whether you want a heavy Indica or a bright Sativa. The kush varieties that were once underground favourites are now sold openly, with proper labelling and consistent dosing. That is a huge improvement for the consumer, and it makes the 28g purchase feel like a real transaction rather than a gamble.

Final Thoughts on Buying the Ounce

Whether you are a seasoned user or someone who is stepping up to larger quantities for the first time, the cannabis flower 28g format offers the best balance of value and variety. The key is to buy from a source that is transparent about its grading and its growers. AA-grade cannabis can serve you well if it is grown properly and stored correctly. Premium strains from top growers will cost more but deliver a more refined experience. Mix-and-match packs let you tailor the ounce to your exact preferences, which is something you cannot do with a pre-packed bag from a brick-and-mortar store.



Take the time to understand what you are buying, store it well, and enjoy the range that the legal market now offers. A well-chosen ounce, split into a few different strains, kept fresh in a glass jar with a humidity pack, will give you weeks of consistent, enjoyable sessions. That is the real value of buying by the ounce, and it is why the cannabis flower 28g format remains the standard for regular consumers across Canada and beyond.