# What safety information should riders get before a Dubai jet car ride?

## Before you ride: the safety briefing you should expect

Any powered watercraft, whether a jet ski, a jet car or a flyboard, demands a clear safety briefing before the engine starts. The operator should cover the controls, the local water rules, and what to do in an emergency. If you are renting from a service such as Sunset Yacht Dubai - Jet Ski Ride, Jet Car & Flyboard Rental, the same principle applies: the team should walk you through the machine, the riding area and the communications they use on the water.

A proper briefing does not take long, but it covers specific points. Below is what riders should hear, understand and confirm before they set off.

### Controls and basic handling

Every craft handles a little differently. The instructor should show you the throttle, the steering, the kill switch or lanyard, and the emergency stop. On a jet car the controls may feel familiar if you have driven a small boat, but the turning response is tighter and the acceleration can surprise a first-timer. The briefing ought to include a slow-speed practice zone near the dock so you get a feel for the steering before you open the throttle in open water.

If you are riding a jet ski or flyboard, the balance points and stance matter more. Ask for a demonstration on land first. Knowing where to put your feet and how to shift your weight makes the first few minutes far safer.

View the location on Google Maps

### The kill switch lanyard

This is the single most important safety device on a rental watercraft. The lanyard attaches to your life jacket or wrist and connects to the engine cut-off switch. If you fall off, the lanyard pulls free and the engine stops immediately. Without it, a runaway craft can circle back and strike you or other riders.

Make sure the lanyard is clipped to you before the engine starts, and that it is long enough for comfortable movement but short enough to work if you go over. The briefing should show you how to reset the switch after a stop.



### Life jackets and fit

A life jacket is not optional. The operator must provide one that fits your weight and chest size. A jacket that rides up around your ears is useless. The briefing should include a quick fit check: fasten all straps, lift your arms above your head and ask someone to tug the shoulders gently. If the jacket shifts above your chin, it is too loose.

Inflatable life jackets are common on some vessels, but for high-speed activities such as a jet car or jet ski, a foam-filled impact jacket is often preferred because it does not rely on inflation and offers some protection against a hard fall. Ask which type you will get and confirm you are comfortable with it.

### Local navigation rules and no-go zones

Dubai's coastline has busy shipping channels, swimming areas and restricted zones near marinas and beaches. The briefing should point out:

- Where you are allowed to ride and where you must not go.
- The speed limits in the marina and near swimmers.
- How to read the markers for channels and hazards.
- What to do if you see a larger vessel approaching.

Riders who ignore these zones risk fines or collisions. A good operator marks the area on a simple map or points to landmarks so you can orient yourself from the water.

### Emergency procedures

What happens if you fall off, the craft breaks down, or the weather turns? The briefing should cover these scenarios:

- How to signal for help (hand signals, horn, or using the radio if fitted).
- How to reboard the craft in deep water.
- What to do if you cannot reboard (stay with the craft, conserve energy, attract attention).
- How to contact the base or emergency services.

If the operator does not mention a radio or phone contact for emergencies, ask for it before you leave the dock. Also ask what the policy is for weather changes: if a squall comes in, do you head back immediately or wait for a pickup?



### Weather and water conditions

The briefing should include a quick look at the current conditions. Wind speed, wave height and visibility all affect how a jet car or jet ski handles. Flat water is forgiving; choppy water demands more skill and caution. The operator should explain the limits: at what wave height they stop rentals, and what you should do if conditions worsen while you are out.

If you are new to the area, ask about currents and tides. Some spots near the Palm or the Marina have strong tidal flows that can push an inexperienced rider off course.

### Alcohol, drugs and fatigue

Riding a jet car or jet ski is physically demanding. The operator should remind you that alcohol and drugs impair reaction time and balance, and that fatigue can set in faster than you expect. A responsible rental service will refuse to let you ride if they suspect you are impaired. You should also plan a shorter session if you are not used to the sun and the motion.

## What to ask if the briefing feels thin

Not every operator covers everything above. If the instructor seems rushed or skips a section, ask directly: "Can you show me the kill switch and how it works?" or "Where is the nearest no-go zone from here?" A reputable service expects these questions. If the answers are vague or dismissive, consider whether you want to ride with that operator at all.

For a rental service such as Sunset Yacht Dubai, the safety briefing is part of the package. They should have a standard procedure that covers the points above, and they should be willing to repeat anything you do not understand. A quick pre-ride chat with the instructor can also give you a sense of their experience and attitude toward safety.

## The rider’s own responsibility

Safety is not only the operator’s job. As a rider, you should:



- Listen to the full briefing without interrupting.
- Ask if anything is unclear, even if it feels like a basic question.
- Check your life jacket fit yourself, not just trust that it is correct.
- Stay within the area you were shown.
- Return immediately if you feel unsafe or if conditions change.

No briefing can cover every possible situation. The best protection is a combination of good instruction, your own alertness, and a respect for the water. A jet car ride can be exhilarating, but the water does not forgive carelessness.

## After the ride: debrief and next steps

A good operator will ask how the ride went and whether you had any problems. Use that moment to report anything that felt wrong, even if it was small. That helps them improve and helps the next rider stay safe. If you plan to ride again, you will know what to expect and what to watch for.

For more details on bookings, craft types or specific safety equipment, contact Sunset Yacht Dubai - Jet Ski Ride, Jet Car & Flyboard Rental at 34PW+XH Dubai Jumeirah Living, Marina Gate - Marsa Dubai - Dubai - United Arab Emirates, phone +971 52 447 2719.